HAP Opioid Learning Action Network (LAN)
Central PA Regional Virtual Meeting
Thursday, May 28, 2020
11:00 AM – 12:30 PM

11:00 a.m. Welcome and Opening Remarks
- Jennifer Jordan, Vice President, Regulatory Advocacy, The Hospital and Healthsystem Association of Pennsylvania

11:10 a.m. A Community Collaborative Approach to Address Substance Use Disorder and the Opioid Crisis
Presentation & Facilitated Discussion
- Tara M Tawil, MD, Internal Medicine Hospitalist, Physician Advisor, Penn Medicine Lancaster General Health, Drug and Alcohol Taskforce, Lead Physician
- Julia Ressler, MSW, MPH, Health Promotion Specialist, Penn Medicine Lancaster General Health, Project Coordinator of the SAMHSA FR-CARA Naloxone Distribution & Recovery Initiative, Coordinator of Lancaster County Joining Forces
- Rosemary Search, RN, BSN, Health Promotion Specialist, Penn Medicine Lancaster General Health

11:35 a.m. Highlighting Harm Reduction Strategies throughout the Region
Presentation & Facilitated Discussion
- John Sponeybarger, Mobile Unit Case Management Supervisor, Dauphin County Drug & Alcohol Center
- Nicole Benner, Cumberland County Warm Handoff Coordinator, Just for Today Recovery and Veteran’s Support Services

11:55 a.m. MAT and Telehealth – What’s Your Warm Handoff?
Panel & Facilitated Discussion
- Jon Lepley, DO, FASAM, Medical Director, Addiction Medicine, Penn Medicine Lancaster General Health
- Sarah Kawasaki, MD, Assistant Professor of Psychiatry & Internal Medicine and Director of Addiction Services, Penn State Pennsylvania Psychiatric Institute AIR Program, Penn State Health
- Mitchell Crawford, DO, Director of Addiction Services, Wellspan Philhaven

12:25 p.m. Wrap up and Next Steps
- Claudette Fonshell, RN, MSN, Director, Clinical Improvement/PURC Program Manager, The Health Care Improvement Foundation, HAP Opioid LAN Project Manager
HAP Opioid Learning Action Network (LAN) To Do Items

Meeting Evaluation—Central Regional Virtual Meeting

You will receive an email after the meeting with a link to the program material and the online evaluation.

If you would like to complete your evaluation now, it can be found at: https://www.surveymonkey.com/r/lan-052820

Resources

The Opioid Learning Network website contains resource materials, which are there to assist you. You can find the resources here: https://hapopioidlan.org/Resources-Tools

If you have resources you would like to share, please email them to Marty Kenyon at mkenyon@haponline.org.

Data Reporting Period and Timeline

Please submit your hospital’s monthly data on the following schedule:

- Quarter 1, 2020 due July 1, 2020
- Quarter 2, 2020 due August 14, 2020
- Quarter 3, 2020 due November 16, 2020
- Quarter 4, 2020 due February 15, 2021
- Quarter 1, 2021 due May 15, 2021
HAP Opioid Learning Action Network (LAN)
Central Regional Virtual Meeting

Thursday, May 28, 2020
11:00 AM - 12:30 PM

Login: https://us02web.zoom.us/meeting/register/tJwld-isqT8jHNVKurBrdPQHl1-7B1u1kJle
Welcome and Opening Remarks

Jennifer Jordan
Vice President, Regulatory Advocacy
The Hospital and Healthsystem Association of Pennsylvania
Housekeeping

1. Virtual Meeting Features
   - You can access audio either through your computer or your telephone
   - Introduce yourself in the Chat Box sharing name, title, organization
   - Raise your hand or Unmute yourself to initiate a question
   - We encourage video sharing

2. Please keep your line muted unless you are presenting or asking/answering a question
A Community Collaborative Approach to Address Substance Use Disorder and the Opioid Crisis

Presentation

Tara M Tawil, MD
Internal Medicine Hospitalist, Penn Medicine Lancaster General Health

Julia Ressler, MSW, MPH
Health Promotion Specialist, Penn Medicine Lancaster General Health

Rosemary Search, RN, BSN
Health Promotion Specialist, Penn Medicine Lancaster General Health
Community Collaborative Approach to Address Substance Use Disorder and the Opioid Crisis

Tara Tawil, MD
Physician Advisor, Drug and Alcohol Task Force

Julia Ressler, MSW, MPH
Health Promotion Specialist

Rosemary Search, RN, BSN
Health Promotion Specialist

May 2020
Community Health Improvement Framework
Strategic Framework for Prevention

Source: SAMHSA, IOM
Lancaster Joining Forces Steering Committee

- Behavioral Health
- Business Groups
- Community Groups
- County & Local Government
- Drug & Alcohol Commission
- Emergency Medical Services
- Healthcare
- Law Enforcement, Corrections & Courts
- Recovery Community

Penn Medicine LG Health serves as convener and facilitator
Lancaster Joining Forces Goals

- Goal 1: Strengthen evidence-based prevention and interventions
- Goal 2: Continue to share common messages and provide educational information throughout the community
- Goal 3: Create lasting changes in the medical community that improve patient safety
- Goal 4: Increase access to treatment services
- Goal 5: Promote recovery by providing trainings and sharing positive stories about the recovery process
Raising Awareness in the Community

- Website developed, sharing information with over 5,260 web visitors
- Countywide multimedia campaign reaching over 14.2 million impressions
- Reached almost 145,000 people at educational events
- Provided evidence-based school prevention programs for over 7,500 students
Annual Overdose Deaths in Lancaster County, 2009-2019

Sources: Pennsylvania Death Certificate Dataset, 2009-2013
Lancaster County Coroners Office
Connecting the Health Care System

- Warm handoff and embedded counselors
- Buprenorphine induction

- Complex withdrawal management
- Induction for Buprenorphine

- Resource development
- Community education
- Grants and legislation

- Long term management
- Embedded Clinical Counselors

Support for pregnant patients with OUD:
- MAT
- Healthy Beginnings
Improve Patient Safety through Safer Prescribing Practices

- Decreased risky prescriptions by up to 25%
- Decreased overall number of opioids dispensed by 25.25%
- Over 1,400 healthcare providers educated on safe opioid prescribing practices
- Prescribing naloxone to patients at risk for opioid-related overdose
PDMP Total Prescription Opioids Dispensed

Rate of Opioid Dispensations per 10,000 Residents

Source: PA Prescription Drug Monitoring Program, Interactive Data Report
PDMP Risky Prescribing Measures

Rate of Individuals with Average Daily MME >90
Per 10,000 Residents

Source: PA Prescription Drug Monitoring Program, Interactive Data Report
Evidence-Based Education for Providers

- Over 870 community members trained in Trauma 101 to prevent and address Adverse Child Experiences (ACEs)
- Opioid Act 124 conference for providers held biannually
- Nursing competencies: updates including Clinical Opioid Withdrawal Scale and Alcohol Use Disorder (CIWA/mMINDS)
- CME research study on changing attitudes
- Distributed 3,200 NARCAN kits at no-cost to first responders, organizations, and individuals at risk of witnessing or responding to an overdose
Access to Treatment & Recovery Services

- Enhanced connections to treatment and recovery support services through warm handoff programs
- Number of waivered providers in Lancaster County increased from 76 in 2017 to 103 in 2018 to 216 in 2019

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Delivering Care Where it’s Needed

Source: Lancaster County Coroner’s Office

Zip Codes with Greatest Number of Deaths, July 2017-June 2019

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Source: Lancaster County Coroner’s Office
Acute Care Referrals to the Centers of Excellence

- Community Outreach
- Non LGHP MAT providers
- Centers of Excellence
- Inpatient
- Women & Babies Hospital
Engagement: COE Patients Receiving Care

COE March 2018 - April 2020

Number of COE Patients

Number of COE Visits

Linear (Number of COE Patients)
We Still Have Work to Do

Cumulative Overdose Deaths in Lancaster County

- 2017 - 168 total deaths
- 2018 - 108 total deaths
- 2019 - 104 total deaths
- 2020 - 49 deaths to date
Grant Funding for Community Initiatives

- **PCCD Opioid Misuse Prevention Project (OMPP)**
  - Implementing evidence-based prevention programs for students and families (LifeSkills and Strengthening Families)

- **DOJ OVC Enhancing Community Responses to the Opioid Crisis: Serving our Youngest Crime Victims**
  - Developing a coordinated, trauma-informed system of support for the youngest victims of the opioid crisis

- **SAMHSA First Responders Comprehensive Addiction and Recovery Act (FR-CARA)**
  - Increasing access to naloxone and strengthening connections to treatment and recovery support
Available at 21 local pharmacies
• Including LGH Convenience Pharmacies and WellSpan Outpatient Pharmacy

Available through Meds on the Move

Inpatient > 50 MME Pharmacy initiative

ED distribution

Community distribution
Learn more and find resources at LancasterJoiningForces.org
A Community Collaborative Approach to Address Substance Use Disorder and the Opioid Crisis

Questions & Facilitated Discussion
Highlighting Harm Reduction Strategies Throughout the Region

Presentation & Facilitated Discussion

John Sponeybarger
Mobile Unit Case Management Supervisor, Dauphin County Drug & Alcohol Center

Nicole Benner, CRS
Cumberland County Warm Handoff Coordinator, JFT Recovery and Veteran’s Support Services
MAT and Telehealth - What’s Your Warm Handoff?

Panel Presentation

Jon Lepley, DO, FASAM
Medical Director, Addiction Medicine, Penn Medicine Lancaster General Health

Sarah Kawasaki, MD
Assistant Professor of Psychiatry & Internal Medicine, Director of Addiction Services, Penn State Health
Pennsylvania Psychiatric Institute

Mitchell Crawford, DO
Director of Addiction Services, Wellspan Philhaven

5/27/2020
Initial Buprenorphine Visit by Telemedicine (N=28)

- Telephone Screen by Center of Excellence Care Coordinator (or inpatient BIT team).
  - Substance History, Prior treatment attempts, buprenorphine suitability, Naloxone availability.

- Telemedicine (Video component whenever possible) by Prescriber.
  - Diagnose OUD, review PDMP and collateral information, discuss MAT options, prescribe buprenorphine if appropriate.

- Office Visit with Urine Buprenorphine Confirmation Test as part of UDS.
  - Buprenorphine metabolite confirmation

- Follow Up Telemedicine to review results, then at discretion of Prescriber.

First Visit Telemedicine

- Continues to receive buprenorphine treatment
- Not prescribed bup but remains engaged
- No Diagnosis of OUD
- "No Show" for Telemedicine First Visit
- Did not follow up after First Telemedicine Visit
COVID Changes: MOUD in an OTP

• Who to see in person?
  • New
  • Unstable
• Emergency Staffing
  • Two weeks on, four weeks telehealth

• Show rates
  • 85% telehealth
  • Increased by 10%
• Needs/policy changes
  • Smart phones/hotspots
  • Ongoing reimbursement
Treatment of OUD during COVID-19

❖ Recovery Support Resources
  ▪ Lists of groups, links to video groups, local and regional, support to local groups
  ▪ WS Recovery Support Team

❖ Support for the Clinics
  ▪ Recovery Support Teams Joining in Video Visits
  ▪ Outlined Regulations and Supportive Documentation Dispersed From the Hub (Hub and Spoke Model)

❖ Fatal Overdoses Involving Opioids and ED Visits Related to OUD
  ▪ Modified many workflows, including Warm Handoffs
  ▪ Changed our focus in the delivery of our services
    • We couldn’t just be as responsive as possible, we had to be more proactive
    • Collaborate with Community Health – flyers, tablets

❖ Strong Subjective Approval of Telemedicine
MAT and Telehealth - What’s Your Warm Handoff?

Questions & Facilitated Discussion
Wrap Up and Next Steps

Claudette Fonshell, MSN, RN
HAP Opioid Learning Action Network (LAN) Project Manager
& Director of Clinical Improvement/PURC Program Manager for
Health Care Improvement Foundation
Please share your tools, resources, policies, and checklists!

Email mkenyon@haponline.org
Future Opioid LAN Events

**June 4, 2020 Webinar at 11 a.m.**
OUD, COVID-19, and Harm Reduction
Devin Reaves, Executive Director & Co-Founder, Pennsylvania Harm Reduction Coalition

**June 11, 2020 Webinar at 11 a.m.**
Single County Authority Overview
Erica E. Nocho, PA Department of Drug and Alcohol Programs, Bureau of Administration & Program Support
Thank You!

Please fill out the following evaluation by June 4th

https://www.surveymonkey.com/r/lan-052820
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<tr>
<th>Name</th>
<th>Title</th>
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